

**BOYS**

Swimmer's Name \_\_\_\_\_

Swimming Squad (please circle)

Junior Performance (12yrs & Under)/ Regional Development / Regional Performance

Date of Birth \_\_\_\_\_ Age \_\_\_\_ Years

ASA Reg No. \_\_\_\_\_

50m Free	
100m Free	
200m Free	
50m Back	
100m Back	
50m Breast	
100m Breast	
50m Fly	
100m Fly	
100 IM	

Entries .....@ £6.00 = £.....

**Swimmers must not have swum faster than the event's upper limit time in the 12 months preceding the gala.** Times must be taken from the British rankings where available and converted to short course as applicable. Where a swimmer does not have a ranked time a trial or coach time shall be provided.

Signature \_\_\_\_\_

**THIS FORM IS TO BE TAKEN TO YOUR COACH FOR APPROVAL AND SIGNATURE**

Coaches Signature \_\_\_\_\_

**ENTRIES WILL BE TAKEN ON 18/03/2019**

**GIRLS**

Swimmer's Name \_\_\_\_\_

Swimming Squad (please circle)

Junior Performance (12yrs & Under)/ Regional Development / Regional Performance

Date of Birth \_\_\_\_\_ Age \_\_\_\_ Years

ASA Reg No. \_\_\_\_\_

50m Free	
100m Free	
200m Free	
50m Back	
100m Back	
50m Breast	
100m Breast	
50m Fly	
100m Fly	
100 IM	

Entries .....@ £6.00 = £.....

**Swimmers must not have swum faster than the event's upper limit time in the 12 months preceding the gala.** Times must be taken from the British rankings where available and converted to short course as applicable. Where a swimmer does not have a ranked time a trial or coach time shall be provided.

Signature \_\_\_\_\_

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**ENTRIES WILL BE TAKEN ON 18/03/2019**